Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Thursday 22 Jun 2023 until 23:59 on Friday 23 Jun 2023

Forecast Issued on Wednesday 21 Jun 2023 at 11:30 by Met Office Aberdeen

Confidence: High for drier settled conditions into Friday morning becoming unsettled from Friday afternoon. Low confidence in the shower detail from Saturday.

Headline for Thursday 22 Jun 2023: A fine dry and sunny day.

Mountain weather hazards on Thursday 22 Jun 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny	Sunny	Sunny
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Thursday 22 Jun 2023

Weather: A dry day with long sunny periods, some patchy cloud at times.

Chance of cloud-free hill tops above 800m: 95%

Low cloud and visibility: The visibility will be good with a patchy cloud base above summits.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 22 Jun 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	21/27 SW	21/27 SW	19/25 SW	15/22 W	13/20 W	10/15 W	6/10 SW	8/10 S	16/20 SE
900	20/26 SW	20/26 SW	18/23 SW	15/22 W	14/20 W	10/16 W	6/10 SW	7/9 S	15/19 SE
600	14/20 SW	12/18 SW	13/19 SW	13/19 W	12/18 W	9/14 SW	6/10 SW	5/7 S	11/15 SE
300	5/20 SW	3/18 SW	4/17 SW	7/19 W	7/18 W	6/14 W	4/9 SW	1/6 S	4/11 E
Glen	6/14 SW	6/15 SW	7/14 SW	9/16 W	9/16 W	6/11 W	4/9 SW	2/4 SE	6/11 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/1	5/0	5/1	7/3	9/5	10/7	10/9	9/8	8/5
900	7/2	6/2	6/2	8/4	9/6	10/8	11/10	10/9	9/6
600	9/6	8/6	9/6	10/8	12/10	13/11	14/13	12/12	11/9
300	11/10	11/10	12/11	14/12	16/14	16/15	16/16	14/14	12/11
Glen	14/13	13/12	14/13	16/15	18/16	18/17	18/18	16/16	15/14
Freezing Level*	1800m	1700m	1600m	1800m	2000m	2100m	2100m	2100m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Long sunny periods and warm conditions lead to a risk of dehydration and sunburn.

Forecast for Friday 23 Jun 2023
Weather: After a dry and bright start cloud spreads northeast followed by showers in the afternoon, these mainly across southern and central ranges.

Maximum wind: Southwest 40-45mph gust 55mph.

Chance of cloud-free hill tops above 800m: 80% at first steadily decreasing to 40% by the afternoon

Low cloud and visibility: Increasing high cloud in the morning lowering to 600-700m by midday and becoming broken at 400-500m through the afternoon. The visibility will be good out with the cloud, falling poor in any showers. The best of any brightness will be across northern ranges.

Temperature: **Glens:** Plus 7 Celsius rising plus 22 Celsius
At 800m: Plus 11 Celsius
Freezing level: Above summits

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